



Team Bulldog / Town Cycle / Black Bear Cycling / Bikeway / WMBA / Marty's Reliable Cycle / Darkhorse Cycles

MOUNTAIN BIKE RACE SERIES

2009 Series Rules

Number of Races and Drops *revised 3/15/09

- There are eight (8) races in the series.
- Seniors and Masters are allowed two (2) dropped races; best six (6) of eight (8) races count.
- Juniors are allowed three (3) dropped races; best five (5) of eight (8) races count.
- Cat 2 and Cat 1 Seniors and Masters must complete at least six (6) races and Juniors at least five (5) races to qualify for a series champion jersey. However, there is no minimum for scoring an overall podium (top three (3)) finish.

Pay Dirt

- **PAY DIRT POINTS ARE IN EFFECT** for this SERIES.
- Racers will get the fifth (5th) place points for their class for ten (10) hours of trail maintenance.
- Juniors will get fifth (5th) place points for their class for five (5) hours of trail maintenance.
- All Pay Dirt Hours must be turned in to the Pay Dirt Coordinator by **October 1, 2009**.
- For more information on Pay Dirt and trail maintenance dates go to **www.jorba.org**

Points

- Every rider who **STARTS** a race will earn one-half (1/2) the maximum amount of points for their class.
- If you finish the race you will be given the other half (1/2) as noted below:
 - Cat 3 earn 15 points to start, 15 points if you finish = 30 points
 - Cat 2 earn 30 points to start, 30 points if you finish = 60 points
 - Cat 1 earn 60 points to start, 60 points if you finish = 120 points
 - Pro earn 120 points to start, 120 points if you finish = 240 points
- Then, the top 20 of each class will get the following additional points:

Cat	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th	17 th	18 th	19 th	20 th
Cat 3	60	57	54	51	49	47	45	43	42	41	40	39	38	37	36	35	34	33	32	31
Cat 2	120	114	108	102	98	94	90	86	84	82	80	78	76	74	72	70	68	66	64	62
Cat 1	240	228	216	204	196	188	180	172	168	164	160	156	152	148	144	140	136	132	128	124
Pro	480	456	432	408	392	376	360	344	336	328	320	312	304	296	288	280	272	264	256	248

The series will offer the following categories and classes:

- Cat 3 Men:** Junior 10-14, Junior 15-18, Senior 19-29, Master 30-39 40-49, 50+
- Cat 3 Women:** Junior 12-18, Senior 19-39, Master 40+
- Cat 2 Men:** Junior 10-14, 15-18, Senior, 19-29, Master 30-34, 35-39, 40-44, 45-49, 50+
- Cat 2 Women:** Junior 12-18, Senior 19-39, Master 40+
- Cat 2 Singlespeed Open:** (Cat 2 distance; must be a Cat 2; men & women combined)
- Cat 1 Singlespeed Open:** (Cat 1 distance; must hold a Cat 1 license; no Pros; men & women combined)
- Cat 1 Men:** Junior X 15-18, Senior 19-29, Master 30-39, 40-49, 50+
- Cat 1 Women:** Master 40+
- Cat 1/Pro Women Open:** Open, (must hold a USA Cycling Cat 1 or Pro license)
- Cat 1/Pro Men Open:** Open, (must hold a USA Cycling Cat 1 or Pro license)

Any of the above categories and/or age classes may be combined for an individual race (but not for the series) if there are not more than 5 racers in those groups.

Rankings will be available on the www.h2hrace.com, www.campmor.com, and promoters' web pages as soon as the promoters send their results to the series score-keeper.



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Rules Continued

Following the USA Cycling Mountain guidelines, it is up to each competitor to make themselves aware of all USA Cycling Mountain and Campmor H2H rules.

Ignorance of the rules is not an excuse.

1. This is a USA Cycling sanctioned series and therefore all USA Cycling Mountain rules will apply.
2. Racers must hold a current USA Cycling license or one day license for applicable categories. One-day licenses are available for Cat 3 and Cat 2 at the race site for an additional fee.
3. Any Cat 3 racer who registers and competes in a Cat 2 race will be considered a Cat 2 racer. Examples of this include, but are not limited to, racers who “miss” the start of a Cat 3 race and want to do the Cat 2 race. This also includes racers who just want to “try” Cat 2. Once a racer registers and competes in a Cat 2 race, that racer is Cat 2 unless they apply for and receive a downgrade from USA Cycling in writing.
4. Racers may upgrade for the final race of the year (pending approval from USA Cycling if upgrading from Cat 2 to Cat 1) and maintain their overall ranking from the previous category for the overall. For example, if a racer already has the series locked up after the completion of the seventh race as a Cat 3 racer, that racer may enter the final race as a Cat 2, but will still be the Cat 3 champion. However, that racer is now Cat 2 for all future races, until an upgrade or downgrade is approved.
5. Racers must be self-sufficient and may not receive outside mechanical help or replacement parts. This includes, of course, bike changes. All racers must start, race, and finish on the same bike.
6. Feeds are allowed only in the designated “feed zones.”
7. Any rider found cutting the course will be disqualified.
8. Any rider found littering on the course will be disqualified. This includes, but is not limited to: gel wrappers, bar wrappers, punctured tubes, and CO₂ cartridges.
9. A certified helmet must be worn at all times while riding your bike at any Campmor H2H events. This includes pre-riding and riding to registration.
10. All bicycles must be in good working order.



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11. Racers are responsible for knowing their race number. If a racer loses their number off of their bike, they must shout their number to the score keepers as they cross the line to complete a lap or finish the race.
12. Unsportsmanlike behavior such as profanity, throwing your bike, etc. may lead to disqualification.
13. Racers who are riding their bikes have the right of way over racers who are running their bikes, even if the runners are passing the riders. A racer running their bike may pass a racer riding their bike as long as it does not interfere with the racer riding their bike.
14. Racers passing another racer must yell an appropriate term such as "Passing on your left" or "Track left." "Get out of my way" is not an appropriate term. A racer being passed must yield at the first reasonable opportunity, but does not need to endanger themselves.
15. A racer being passed may not intentionally "block" the racer coming up from behind. This is unsportsmanlike behavior.
16. Any sort of headphones may not be used during competition.
17. Results protests must be made during the fifteen (15) minute protest period upon the completion of the race. Protests should be submitted in a calm and mature manner. **Waiting until you get home to check the results on the Internet is too late.**
18. Results will be posted on the individual promoter's website, the H2H Race site, and the Campmor site within one week of the completion of the race. Please give the promoters time to enter all the information and post the results.
19. Riders should upgrade upon meeting the upgrade criteria or sooner if they wish. (See upgrading information on the next page.) A racer who upgrades mid-season will transfer the actual value of points earned to that next category.
20. Cat 1 and Cat 1/Pro Open points are non transferable. Racers can't flip-flop between the two categories and take their points back and forth.
21. Violation of any of the rules may lead to disqualification, suspension, or removal from the series. Remember, we all do this for fun—let's keep it that way!
22. The race director and USA Cycling Official will have final say on all rules and rulings.



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Upgrade Rules

Mountain bike racing is a challenging and fun sport, and the Campmor H2H promoters will do the best we can to keep it that way. This responsibility does not fall on the shoulders of the promoters alone, however. Racers should continue to challenge themselves and upgrade to the higher categories.

The Campmor H2H Series will be following the USA Cycling Mountain Rules (www.usacycling.org) when it comes to upgrading situations. Simply stated, riders must advance to the next skill level if they have five top five finishes in their current category and class, provided the race consisted of the minimum number of competitors in each category and class (see table below). Upgrades will be based on a rider's placing in their current category during a calendar year. Riders advancing from Cat 2 to Cat 1 must apply to USA Cycling (www.usacycling.org) or can be upgraded on-site by a USA Cycling Official and will be required to purchase a USA Cycling License. If a rider wishes to stay in his or her current category in pursuit of a series title, that a rider must obtain a waiver from USA Cycling which will allow the rider to finish a series in the original category. A rider in this scenario is also responsible for notifying the series coordinator. However, if a rider is finishing consistently in the top three (3) of any category, it is strongly suggested that they upgrade to continue to challenge themselves and keep the racing fun. Remember: you will transfer the actual value of your points earned to the category in which you upgrade.

If you upgrade, please contact the series coordinator and series scorekeeper.

Class	Men	Women
Senior 19-29	15	10
Master 30-34; Master 35-39	15*	10*
Master 40-44; Master 45-49	10*	5*
Master 50+	5	5

In those classes that require a minimum of ten competitors, the top three in the class are counted for upgrading. In those classes that require five, the top finisher will be counted for upgrading.

**Changed from 2008*



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It is the rider's responsibility to keep track of their status. If a rider is found in violation of the category advancement rule, then they will be subject to the consequences, which will at the very least mean instant advancement. It may lead to disqualification and loss of series points and may even result in suspension from the series and or suspension of the rider's USA Cycling license.

If someone has good basis to believe that there is a rider in violation, please research the rider in question by first checking the Series Results (www.campmor.com or www.h2hrace.com) and their USA Cycling Results (www.usacycling.org). If your suspicions are true, then contact a USA Cycling Official and a series promoter and we will look into the matter and take action if necessary.

In the event of a downgrade request, the rider must petition USA Cycling in writing with a rationale for the request and report the downgrade to the series coordinator and series scorekeeper.

Any change in category should be immediately reported to the series coordinator and series scorekeeper. Their e-mail addresses are located on any series results page and the series website (www.h2hrace.com).

This is the rider's responsibility.

Category Guidelines

<i>Pre-2009 Category</i>	<i>2009 Category</i>
Beginner	Cat 3
Sport	Cat 2
Expert	Cat 1
Semi-Pro	Cat 1 or Pro (must declare during 2009)
Pro	Pro